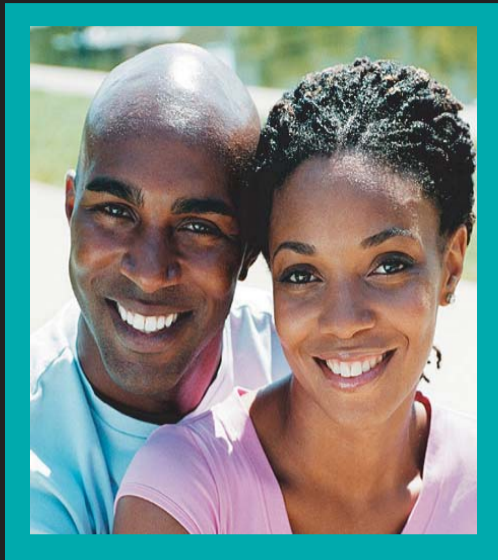
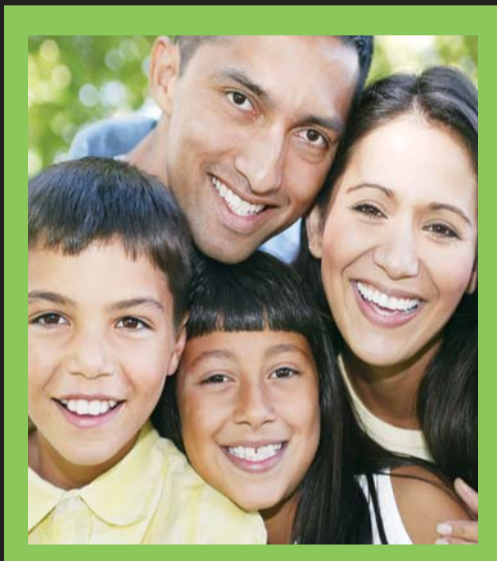
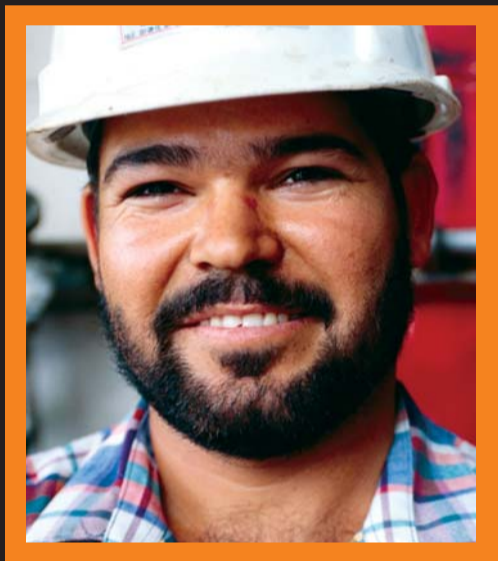


# **FREE** Reproductive Health Services for moderate- and low-income men & women in North Carolina



## **Be Smart. Be Ready.**



### **Be Smart provides FREE services for men & women**

- Annual family planning exam
- Most types of birth control
- Help planning when to have a baby
- Testing for STDs & pregnancy
- Voluntary sterilization

- **Don't start a family before you're ready**
- **Protect yourself from HIV/AIDS & other STDs**
- **Give mothers & babies a better chance of being healthy**

**It's Up to You.**  
**Ask how you can Be Smart**  
**1-800-367-2229**  
(TTY: 1-800-976-1922)

<http://www.dhhs.state.nc.us/dma>

For services not covered by this program, call your local DSS for a list of providers who offer affordable or free care.

#### **You MUST:**

- **Live in North Carolina**
- **Be a US citizen or be in this country legally**
- **Be a woman 19-55 years of age or a man 19-60 years of age**
- **Have not had surgery to prevent pregnancy**
- **Meet income requirements (includes moderate incomes — call for details)**

Family Planning Medicaid is a waiver program that will end October 1, 2010, unless it is extended.



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